

TSAO FOUNDATION AND NORTHUMBRIA UNIVERSITY
MASTERCLASS

ADVANCING DEMENTIA CARE FOR COMMUNITY NURSES

CONDUCTED BY
DR JANE MURRAY, NORTHUMBRIA UNIVERSITY, UK

9 and 10 March 2026

Time: 9.00am—5.30pm

**Venue: Kaplan City Campus @ Odeon 331
The Nexus, Level 9,
331 North Bridge Road, Singapore 188720**

Course Fee: \$1,308.00
(inclusive of GST)

*Community Care Organisations can select to seek reimbursement from the
Community Care Training Grant (CCTG) subject to CCTG's prevailing conditions.
Participants will be awarded **8 CPE points** upon completion of the course.*

Advancing Dementia Care for Community Nurses

This Masterclass to deepen your understanding of dementia and develop practical skills for supporting people living with dementia and their care partners within the community setting. You will explore the concept of personhood and its vital role in relationship-centred care, while examining the interconnected nature of dementia, delirium, and depression.

Through evidence-based frameworks, real-life personal narratives, and case studies, this interactive Masterclass equips you with strategies and tools to enhance your nursing practice and meaningfully improve quality of life for people with dementia and their care partners.

Learning Outcomes

1. To explore the practical implications of different types of dementia, including Alzheimer's Disease, Vascular Dementia and Dementia with Lewy Bodies.
2. Discuss delirium with a focus on how it can affect a person with dementia. Different types of delirium will be addressed along with strategies for treatment.
3. Highlight the significance of depression in the older person and how to recognise and treat it, in a person with dementia.
4. Introduce the concept of unmet needs using the Newcastle Model (James, 2011) in terms of supporting a person with dementia and reduce behaviours care partners may find difficult.
5. Practise using a reflective tool (Gibbs, 1984) and John's Model (2006) to support and improve nursing practice.

This masterclass offers community nurses a unique opportunity to refine their expertise, develop new perspectives, and enhance their ability to deliver compassionate, evidence-based care to individuals living with dementia!



DR JANE MURRAY

ASSISTANT PROFESSOR

NORTHUMBRIA UNIVERSITY (NURSING, MIDWIFERY & HEALTH)

Dr Jane Murray is an Assistant Professor at Northumbria University. She has been a Mental Health Nurse for more than 30 years, specialising in the care of older persons, particularly those with dementia. Dr Murray currently leads a Bachelor of Science Nursing programme at Kaplan Higher Education Academy in Singapore. She is a registered teacher and has specialist practitioner status (older persons mental health) from the Nursing and Midwifery Council, as well as registration with the Singapore Nursing Board.

As well as her international leadership role, Dr Murray has taught extensively into Malaysia, Borneo and China. This teaching has focused on care of the older person as well as healthcare law and ethics which is also part of her special interest in relation to older people. Dr Murray always highlights the importance of cultural awareness in relation to both teaching and healthcare. She develops teaching strategies and healthcare innovations that are appropriate to the environments she is working in, spending time in each country visiting hospitals, 24-hour care environments and organisations that help to support people older people and their families.

Her current research is focussed on issues relating to people with dementia and their families; how best to meet the needs of people with comorbid dementia and diabetes and truth and lie telling to people with dementia to support personhood. Dr Murray is passionate about improving care for older people both nationally and internationally.

TRAINING SCHEDULE

DAY ONE	9 MARCH 2026
9.00am – 12.00pm	Dementia: Explores Alzheimer's Disease, Vascular Dementia, and Dementia with Lewy bodies. This session examines how underlying physiology influences presentation and challenges, and discusses strategies for meeting individual needs through a multidisciplinary approach.
12.00pm – 1.00pm	Lunch
1.00pm – 2.30pm	Delirium: Explores subtle presentations, distinguishes delirium from dementia, and outlines strategies to address fluctuating needs while supporting and educating caregivers.
2.30pm – 4.00pm	Depression in the older person. How is it different in older people and people with dementia. How to recognise it, assess it and what to do about it, including looking at the implications for sleep.
4.00pm – 5.00pm	An introduction to Personhood. A demonstration of the book case concept and the Gladys Wilson video.
5.00pm – 5.30pm	Q & A and group reflection
DAY TWO	10 MARCH 2026
	Personhood and it's role in relationship centred care
9.00am – 12.00pm <i>*Includes a break</i>	This session deepens understanding of personhood and its importance in meeting the needs of people with dementia and their care partners, using reflective tools such as one-page biographies to encourage seeing the person beyond the condition. It also introduces the Newcastle Model to help participants reframe behaviours as expressions of unmet needs and develop practical strategies to address underlying causes more effectively.
12.00pm – 1.00pm	Lunch
1.00pm – 4.00pm	Case Studies: Provides opportunities to explore a range of case studies, share real-world experiences, and collaboratively address practice challenges, including those arising from implementing new approaches to care.
4.00pm – 5.30pm	Reflection and Consolidation: Introduces Gibbs' and Johns' reflective models and supports participants in structured reflection to develop an action plan for enhancing their own practice.

REGISTER NOW

Limited seats. Registration closes on 9 Feb 2026, or earlier if capacity is reached. Scan QR code to sign up.

For more information:

📞 9656 8273 ✉ hmta@tsaofoundation.org

